

PRESS RELEASE
For Immediate Release

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First Swim Training and Clinic held in Charlotte

May 17, 2018 Charlotte, NC – Hanger Clinic and Paceline Advanced Medical Solutions sponsored a First Swim Training and Clinic in Charlotte recently at the Marion Diehl Recreation Center. Over 25 swim coach, therapists and O & P professionals participated in the two hour classroom education, led by Chris Doerger, PT, CP. Therapists received 5.5 credits towards continuing education. Buoyancy, balance, adaptive equipment and more were part of the education portion, followed by a two hour First Swim Clinic, led by Mabio Costa, OPAF's First Swim Director. Adaptive swimmers included those with limb loss, blind, cerebral palsy, spinal cord injury and more. The event was supported by members of the NCAA Queens University Champion Swim Team.

“This event was great and So Needed!” Megan Moore, Charlotte Aquatics

Our next First Swim Training and Clinic will be held in Raleigh sponsored by DelBianco Orthotics and Prosthetics in August 2018.

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About OPAF: Serving as the philanthropic arm of the US orthotic and prosthetic community, the Orthotic & Prosthetic Activities Foundation (OPAF), develops, implements, partners and hosts adaptive recreational clinics for those with physical challenges. The First Clinics are recognized as leaders in adaptive recreation. Whether this is the first time a participant is trying an activity after illness, injury or episode or the first time they are ever trying, First Clinics offer top notch adaptive instruction specifically for them. Founded in 1995 to support the Paralympic Games in Atlanta, OPAF & The First Clinics have moved forward to offer introductory level adaptive recreation opportunities to everyone, not just the elite athlete. For more information on OPAF and The First Clinics, visit www.opafonline.org.

